



**PRE-ADMISSION MEDICAL EXAMINATION FORM**  
(Higher Nitec in Community Care & Social Services Course)

**PART A : TO BE COMPLETED BY STUDENT**

(By completing this form, you have **consented** to your medical report being released to ITE)

Full Name :	NRIC/Passport No :
Contact No :	Academic Qualification (delete accordingly):
Tel: _____ HP: _____	GEC-'O' / N(A) / N(T) Level / Nitec in _____ Year Obtained : _____
Date of Birth :	Results of the following subjects (please indicate): Cumulative GPA: _____ (For Nitec only) Eng: _____ / Maths: _____ / Science: _____ / Others: _____
Contact Address :	

**PERSONAL MEDICAL RECORD:**

Answer 'Y' for 'Yes' and 'N' for 'No' in the boxes. Please leave blank any fields that you are unsure of and seek advice

Frequent headaches	G6PD Deficiency (in blood)	Previously smoking/vape
Dizziness or Fainting	Anaemia (low red blood cells)	Currently smoking/Vaping (sticks per day: _____)
Fits / Epilepsy	Bruising easily	(Vape Frequency : _____ times per day)
Wear glasses or contact lens	Anxiety	Tattoo on body
Blindness in one eye (R / L)	Stress disorder / nervous breakdown	Location: _____
Colour Blindness	Previous counselling or visits to a	Allergies:
Other Eye Problems, if any	Psychiatrist for: family/social issues,	Liquid detergent / soap
Hearing difficulties	depression, mood disorders or other	Medication
Frequent sneezing /running nose	mental health conditions	Rubber (e.g. gloves)
Asthma	Have you ever been referred to a	Metal (e.g. Nickel / copper)
Lung infections	counsellor or to a MOE psychologist	Others:
(eg. TB or pneumonia)	during pri/sec school for special needs	
Hepatitis A	assessment eg. Dyslexia/ADHD/ASD	
Hepatitis B or C or a carrier	or any learning difficulties?	
HIV carrier / AIDS	Was granted extra time in exams	
Gastritis (Gastric problems)	Previous surgical operations	
Diabetes Mellitus	Previous admissions into hospital	For Females Only:
High Blood Pressure	Unsteady hands or Sweaty palms	Abortions
Kidney / Bladder Disease	Speech problems	Pregnancies
Bone problems	Currently on medication	
(eg. Fractures/deformity/weakness)	please specify:	
Frequent Backache		
Rashes (recurrent)		
Other skin conditions, if any		

Please specify if you answer 'YES' to any of the above: \_\_\_\_\_

**FAMILY MEDICAL HISTORY:**

High Blood Pressure	Allergies
Mental Illness	Migraine
Heart Diseases	Hepatitis A / B / C
Kidney Diseases	HIV/AIDS
Diabetes Mellitus	Tuberculosis (TB)
Asthma	Cancer
Eczema (allergic skin disease)	Others:

Please specify if you answer 'YES' to any of the above: \_\_\_\_\_

**IMMUNIZATION HISTORY (Serological evidence or documented record of vaccination is required)**

Have you received vaccination for:	Y/N	(If 'N' (No), you are required to be vaccinated before commencement of hospital attachment)
Hepatitis B		
Chicken Pox		
Mumps/Measles/Rubella (MMR)		
Influenza		
Tetanus, Diphtheria and Pertussis (Tdap)		
COVID	No. of doses:	

I hereby declare that all the information provided is true and accurate to the best of my knowledge and I have not deliberately omitted any relevant fact(s). Should I be admitted to ITE on the basis of the information given in this report which may later turn out to be false or inaccurate, I understand that I will render myself liable to appropriate disciplinary action, including DISMISSAL from the course.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Student

Name of student : \_\_\_\_\_ NRIC/Passport No : \_\_\_\_\_

**PART B : TO BE COMPLETED BY THE EXAMINING DOCTOR**

(Please note that all *Higher Nitec* in Community Care & Social Services students must declare any conditions stated on pg. 1 of this report)

Height : _____ (normal BMI: 18.5 - 22.9)	Acuity of Vision R _____ L _____
Weight: _____ BMI score: _____	*Glasses / No Glasses _____
Urine Analysis : Glucose _____ Protein _____ Blood _____	This applicant has colour blindness *YES / NO _____ If yes, details: _____
Blood Analysis : Hb% _____	Lungs (Chest X-ray Report to be attached)
Hepatitis Profile : HBs Ag _____ HB Antibody _____ Anti-HCV _____	
Varicella Profile: VZV IgG Ab EIA _____	
HIV Status: HIV Ag/Ab _____	
Pulse : _____	Blood Pressure : _____
Ears : _____	Nose : _____
Tonsils : _____	Heart : _____
Skin : _____	Abdomen & Pelvic : _____
Hernia or Enlarged Rings : _____	Back & Spine : _____
Haemorrhoids : _____	Injury, Operations or Illness : _____

All applicants for the *Higher Nitec* in Community Care & Social Services must be certified to have the following abilities to perform direct patient/Client care activities safely and effectively:

1. **Mental-Cognitive ability**, including interpersonal-communication ability and behavioural stability to function under stressful work environment, provide safe care to patients, including safety to self.
2. **Physical ability** to perform patient transfers, complex sequences of hand-eye coordination including walk/stand/lifting.
3. **Auditory ability** to hear faint body sounds, normal speaking sound level, and alarms/sounds from devices/monitors.
4. **Visual ability** to detect changes in physical appearance, colour, contour, and accurately read medication/drug labels.

Taking into consideration the physical demands of the course in caring of vulnerable persons (Fitness To Practice)

I have completed a medical examination and an overall assessment of this student. I find \*him / her to be:

(please circle) \*free from / living with - a mental disorder or illness: \_\_\_\_\_

(please circle) \*free from / living with - the medical condition(s): \_\_\_\_\_

(please circle) \*free from / living with - physical impairment: \_\_\_\_\_

\*\* Attach additional Dr Memo if necessary

I hereby **Defer** to certify the student and refer \*him / her back to the school for advice. (See remarks)

I hereby certify the student \***Fit / Unfit** to pursue the ITE *Higher Nitec* in Community Care & Social Services course, which includes the compulsory Clinical Education that requires delivery of direct patient care at healthcare institutions.

*Notwithstanding the outcome of the medical examination herein, I acknowledge that the school has the final prerogative to determine the student's overall suitability for the nursing course from a holistic consideration.*

**Note:** In accordance with Ministry of Health guidelines, applicants infected with blood-borne diseases (BBD) may commence and complete their course if they choose to do so, provided that they formally accept the requirement they will not be allowed to perform exposure-prone procedures (EPPs), and they recognise that some career pathways will not be open to them.

Remarks, if any \_\_\_\_\_

Name of Doctor :	Signature of Doctor :
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Name and Address of Practice:	Date of Medical Examination :
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\* Delete where appropriate

<b>SN</b>	<b>Name of Clinic</b>	<b>Tel:</b>	<b>Address</b>
1	Pinnacle Family Clinic (River Valley)	68366986	240 River Valley Rd, Singapore 238297
2	Pinnacle Family Clinic (Compassvale)	63861089	289C Compassvale Crescent #01-04 Singapore 543289
3	Pinnacle Family Clinic (Woodlands)	67601623	Blk 573 Woodlands Drive 16 #01-06 Woodlands Glen Singapore 730573
4	Pinnacle Family Clinic (Buangkok Square)	69099203	991 Buangkok Link, #02-05 Buangkok Square Singapore 530991
5	Pinnacle Family Clinic (Serangoon North)	62193910	Blk 518 Serangoon North Ave 4 #B1-208 Singapore 550518
6	Pinnacle Family Clinic (Pasir Ris)	62437338	Blk 571 Pasir Ris St 53 #01-50 Singapore 510571
7	Pinnacle Family Clinic (Yew Tee)	62357893	Blk 790 Choa Chu Kang North 6 #01-238 Singapore 680790
8	Pinnacle Family Clinic (Northshore Plaza I)	65189586	407 Northshore Drive #02-18 Singapore 820407
9	Pinnacle Family Clinic (Sembawang)	65703768	604 Sembawang Road, Sembawang Shopping Centre, #B1-03 Singapore 758459
10	Pinnacle Family Clinic (Dakota)	65399712	Blk 91 Jalan Satu #01-05 Singapore 390091
11	Pinnacle Family Clinic (Hougang)	65189981	Blk 356 Hougang Ave 7 #01-791 Singapore 530356
12	Pinnacle Family Clinic (Changi North)	63203938	963C Upper Changi Road North #02-09 Singapore 506790
13	Pinnacle Family Clinic (DUO Galleria)	63223488	7 Fraser Street DUO Galleria #B3-12 Singapore 189356
14	Pinnacle Family Clinic (Dairy Farm)	65135087	4 Dairy Farm Lane #B1-07 Singapore 677622
15	Pinnacle Family Clinic (Clementi)	65138718	209A Clementi Avenue 6 #01-06 Singapore 121209
16	Pinnacle Family Clinic (Sengkang)	69700587	Blk 170A Sengkang East Drive #01-06 Singapore 541170
17	Pinnacle Family Clinic (Tampines North)	65137189	633 Tampines North Drive 2 #02-06 Singapore 520633

No.	Location	Branch/ Clinic	Doctor	Mon to Fri	Sat, Sun & PH
01	Ang Mo Kio Central  VPPC Code: AMHR	Healthway Medical Blk 721 Ang Mo Kio Avenue 8, #01-2805 (Back Entrance) Singapore 560721 Tel: 6455 4629 Fax: 6456 4463	Dr Tan Ter Wen Jessie*	Mon*** 8:00am – 3:00pm 6:00pm – 9:00pm Tue - Fri* 8:00am – 3:00pm	Sat*** 8:30am – 12:30pm  Sun & Public Holiday*** Closed
02	Toa Payoh Central  VPPC  Code: TPC	Healthway Medical Blk 177 Toa Payoh Central #01-130 Singapore 310177 Tel: 6255 3773 Fax: 6352 6772	Dr Kua Shin Yii*	Mon – Thurs*** 8:30am – 3:30pm 6:00pm – 9:00pm  Fri*** 8:30am – 3:30pm	Sat, Sun & Public Holidays*** 8:30am – 12:30pm
03	Bedok North  VPPC  Code: BDK	Healthway Medical Blk 218 Bedok North Street 1 (Near Bedok MRT station) #01-17 Singapore 460218 Tel: 6441 0236 Fax: 6441 0276	Dr Queenie Lim * Dr Tan Si Hong Shawn	Mon – Fri*** 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm–11:00pm	Sat, Sun & Public Holidays*** 8:00am – 1:00pm 2:00pm – 5:00pm
04	Jurong East**  Code: JMCO	Medico Clinic & Surgery Blk 249 Jurong East Street 24, #01-88 Singapore 600249 Tel: 6561 0934	Dr Lee Yin Ru*	Mon, Wed & Thu*** 9:00am - 1:00pm 2:00pm - 5:00pm  Tue & Fri*** 9:00am - 1:00pm	Sat*** 9.00am - 1:00pm  Sun & Public Holidays*** Closed.
05	Woodlands**  VPPC  Code: WD	Healthway Medical Blk 888 Woodlands Drive 50 888 Plaza (near Admiralty MRT station) #02-737 Singapore 730888 Tel: 6364 9661 Fax: 6364 9662	Dr Mohammed Akhsar Bin Abd Rahman	Mon - Thurs*** 8:30am – 1:00pm 2:00pm – 5:00pm 6:30pm – 9:00pm  Fri*** 8:30am – 1:00pm 2:00pm – 5:00pm	Sat*** 8:30am – 1:00pm  Sun & Public Holidays*** 8:30am – 12:30pm
06	Kwong Wai Shiu  Code: KWSC	Healthway Medical Block A Kwong Wai Shiu Hospital 705 Serangoon Road #01-06, Singapore 328127 Tel: 6291 4331	Dr Teng Wen Bin Joshua	Mon – Fri*** 8:30am – 12:30pm 2:00pm – 5:00pm	Sat*** 8:30am – 12:30pm  Sun & Public Holidays*** Closed

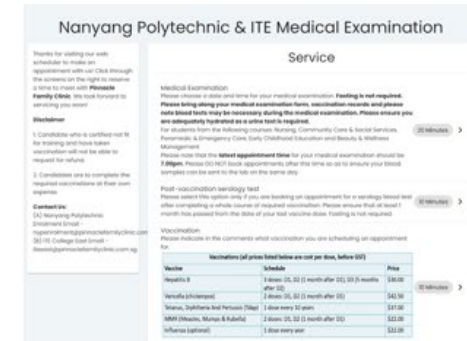
# How to use TimeTap Booking Site for Pinnacle



1. Visit <https://ite.timetap.com/#/>



2. Select which Pinnacle Clinic you wish to visit



3. Select "Medical Examination"



3. Select preferred Date and Time



4. Provide your details to complete the booking of your appointment