



**MEDICAL REPORT FOR TECHNICAL DIPLOMA IN  
HEALTH & EXERCISE COACHING COURSE**

**TO BE COMPLETED BY EXAMINING DOCTOR**

|  |         |                               |
|--|---------|-------------------------------|
| Name of student : _____  |         | Date : _____                  |
| NRIC/Passport No : _____   |         | * Gender : Male / Female      |
|  |         | Age : _____                   |
| Please indicate whether student is found to be suffering from epilepsy   |         |                               |
| This student has a history of epilepsy      * YES / NO   |         |                               |
| Height : _____   |         | Weight : _____                |
| BMI : _____  |         |                               |
| Urine Analysis :   | Glucose | _____                         |
|  | Protein | _____                         |
|  | Blood   | _____                         |
| Blood Pressure :   | _____   |                               |
| Heart :  | _____   |                               |
| Past / Current Injury, Operations or Illness :   |         |                               |
| Remarks : (a)      General Physique : _____  |         |                               |
| (b)      Mental Disposition : _____  |         |                               |
| I have hereby completed a medical examination of this student. I find him/her to be * fit / unfit to pursue the Technical Diploma in Health & Exercise Coaching course at ITE. |         |                               |
| Remarks, if any _____  |         |                               |
| Name of doctor :   |         | Signature of Doctor :         |
| Name and Address of Practice:  |         | Date of Medical Examination : |

\* Delete where appropriate

| SN | Name of Clinic                              | Tel:     | Address  |
|----|---|----------|--|
| 1  | Pinnacle Family Clinic (River Valley)       | 68366986 | 240 River Valley Rd, Singapore 238297                                  |
| 2  | Pinnacle Family Clinic (Compassvale)        | 63861089 | 289C Compassvale Crescent #01-04 Singapore 543289                      |
| 3  | Pinnacle Family Clinic (Woodlands)          | 67601623 | Blk 573 Woodlands Drive 16 #01-06 Woodlands Glen Singapore 730573      |
| 4  | Pinnacle Family Clinic (Buangkok Square)    | 69099203 | 991 Buangkok Link, #02-05 Buangkok Square Singapore 530991             |
| 5  | Pinnacle Family Clinic (Serangoon North)    | 62193910 | Blk 518 Serangoon North Ave 4 #B1-208 Singapore 550518                 |
| 6  | Pinnacle Family Clinic (Pasir Ris)          | 62437338 | Blk 571 Pasir Ris St 53 #01-50 Singapore 510571                        |
| 7  | Pinnacle Family Clinic (Yew Tee)            | 62357893 | Blk 790 Choa Chu Kang North 6 #01-238 Singapore 680790                 |
| 8  | Pinnacle Family Clinic (Northshore Plaza I) | 65189586 | 407 Northshore Drive #02-18 Singapore 820407                           |
| 9  | Pinnacle Family Clinic (Sembawang)          | 65703768 | 604 Sembawang Road, Sembawang Shopping Centre, #B1-03 Singapore 758459 |
| 10 | Pinnacle Family Clinic (Dakota)             | 65399712 | Blk 91 Jalan Satu #01-05 Singapore 390091                              |
| 11 | Pinnacle Family Clinic (Hougang)            | 65189981 | Blk 356 Hougang Ave 7 #01-791 Singapore 530356                         |
| 12 | Pinnacle Family Clinic (Changi North)       | 63203938 | 963C Upper Changi Road North #02-09 Singapore 506790                   |
| 13 | Pinnacle Family Clinic (DUO Galleria)       | 63223488 | 7 Fraser Street DUO Galleria #B3-12 Singapore 189356                   |
| 14 | Pinnacle Family Clinic (Dairy Farm)         | 65135087 | 4 Dairy Farm Lane #B1-07 Singapore 677622                              |
| 15 | Pinnacle Family Clinic (Clementi)           | 65138718 | 209A Clementi Avenue 6 #01-06 Singapore 121209                         |
| 16 | Pinnacle Family Clinic (Sengkang)           | 69700587 | Blk 170A Sengkang East Drive #01-06 Singapore 541170                   |
| 17 | Pinnacle Family Clinic (Tampines North)     | 65137189 | 633 Tampines North Drive 2 #02-06 Singapore 520633                     |

| No. | Location                                       | Branch/ Clinic  | Doctor                                   | Mon to Fri  | Sat, Sun & PH   |
|-----|--|---|--|---|---|
| 01  | Ang Mo Kio Central<br><br>VPPC<br>Code: AMHR   | Healthway Medical<br>Blk 721 Ang Mo Kio Avenue 8, #01-2805 (Back Entrance)<br>Singapore 560721<br>Tel: 6455 4629<br>Fax: 6456 4463                        | Dr Tan Ter Wen Jessie*                   | Mon***<br>8:00am – 3:00pm<br>6:00pm – 9:00pm<br>Tue - Fri*<br>8:00am – 3:00pm   | Sat***<br>8:30am – 12:30pm<br><br>Sun & Public Holiday***<br>Closed           |
| 02  | Toa Payoh Central<br><br>VPPC<br><br>Code: TPC | Healthway Medical<br>Blk 177 Toa Payoh Central<br>#01-130 Singapore 310177<br>Tel: 6255 3773<br>Fax: 6352 6772  | Dr Kua Shin Yii*                         | Mon – Thurs***<br>8:30am – 3:30pm<br>6:00pm – 9:00pm<br><br>Fri***<br>8:30am – 3:30pm                                       | Sat, Sun & Public Holidays***<br>8:30am – 12:30pm                             |
| 03  | Bedok North<br><br>VPPC<br><br>Code: BDK       | Healthway Medical<br>Blk 218 Bedok North Street 1<br>(Near Bedok MRT station)<br>#01-17 Singapore 460218<br>Tel: 6441 0236<br>Fax: 6441 0276              | Dr Queenie Lim *<br>Dr Tan Si Hong Shawn | Mon – Fri***<br>8:00am – 1:00pm<br>2:00pm – 5:00pm<br>6:00pm–11:00pm  | Sat, Sun & Public Holidays***<br>8:00am – 1:00pm<br>2:00pm – 5:00pm           |
| 04  | Jurong East**<br><br>Code: JMCO                | Medico Clinic & Surgery<br>Blk 249 Jurong East Street 24, #01-88<br>Singapore 600249<br>Tel: 6561 0934  | Dr Lee Yin Ru*                           | Mon, Wed & Thu***<br>9:00am - 1:00pm<br>2:00pm - 5:00pm<br><br>Tue & Fri***<br>9:00am - 1:00pm                              | Sat***<br>9.00am - 1:00pm<br><br>Sun & Public Holidays***<br>Closed.          |
| 05  | Woodlands**<br><br>VPPC<br><br>Code: WD        | Healthway Medical<br>Blk 888 Woodlands Drive 50<br>888 Plaza (near Admiralty MRT station) #02-737<br>Singapore 730888<br>Tel: 6364 9661<br>Fax: 6364 9662 | Dr Mohammed Akhsar<br>Bin Abd Rahman     | Mon - Thurs***<br>8:30am – 1:00pm<br>2:00pm – 5:00pm<br>6:30pm – 9:00pm<br><br>Fri***<br>8:30am – 1:00pm<br>2:00pm – 5:00pm | Sat***<br>8:30am – 1:00pm<br><br>Sun & Public Holidays***<br>8:30am – 12:30pm |
| 06  | Kwong Wai Shiu<br><br>Code: KWSC               | Healthway Medical<br>Block A Kwong Wai Shiu Hospital<br>705 Serangoon Road<br>#01-06, Singapore 328127<br>Tel: 6291 4331                                  | Dr Teng Wen Bin Joshua                   | Mon – Fri***<br>8:30am – 12:30pm<br>2:00pm – 5:00pm   | Sat***<br>8:30am – 12:30pm<br><br>Sun & Public Holidays***<br>Closed          |

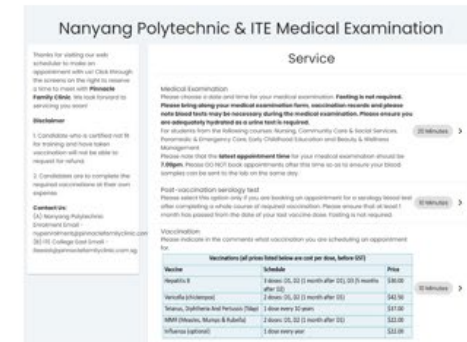
# How to use TimeTap Booking Site for Pinnacle



1. Visit <https://ite.timetap.com/#/>



2. Select which Pinnacle Clinic you wish to visit



3. Select "Medical Examination"



3. Select preferred Date and Time



4. Provide your details to complete the booking of your appointment